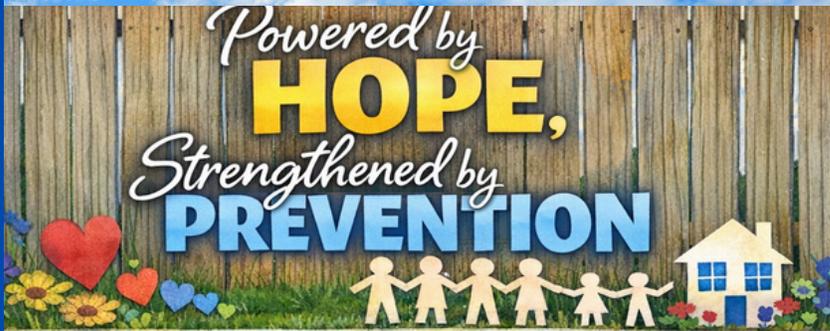


April is...

# CHILD ABUSE PREVENTION MONTH

The first National Child Abuse Prevention Week was designated in 1982, and April was officially proclaimed the first National Child Abuse Prevention Month in 1983 proclaimed by President Ronald Regan.



Building a Stronger Community for Children & Families



Powered by **Hope**. Strengthened by **Prevention**

## Upcoming Events for Foster Families

Sunday, April 19 at 1pm Trauma-Informed Warm Slow Flow Family Yoga (ages 11+) — 50 minutes

- A warm, slow-flow class for guardians and youth ages 11 and older. This trauma-informed yoga experience invites shared movement, breath, and laughter in a space that promotes trust, compassion, and connection between caregivers and teens.

Sunday, May 17 at 1pm Trauma-Informed Foster Parent/Guardian Respite Self-Care (adults only) — 60 minutes

- Caring for others starts with caring for yourself. This restorative class offers a gentle yoga practice and guided Yoga Nidra relaxation designed to help foster parents and guardians unwind, restore energy, and reconnect with themselves. No prior yoga experience needed—simply come as you are.

All classes are held at Cultivate Yoga Waterloo, 15619 Waterloo Road, Cleveland, OH 44110. Space is limited and registration is required.



The theme for National Child Abuse Prevention Month 2026 in Ohio is "Powered by Hope. Strengthened by Prevention." This theme emphasizes the importance of community support and advocacy for child safety and well-being. Additionally, Wear Blue is a statewide awareness campaign that encourages everyone to wear blue on April 8, 2026, to show support for preventing child abuse and neglect.

## EVENTS

1. April 8, 2026--PCSAO Ohio Wear Blue Day
2. April 12, 2026, 11am to 10pm  
Family Success Network@Family Fun Day  
Cleveland Museum of Art
3. April 21, 2026, 10:30 am  
DCFS Child Abuse Prevention Walk  
Jane Edna Hunter Building
4. April 30, 2026, 9am to 1pm  
Compassion Symposium  
Rockside Church  
4100 Rockside Road  
Independence OH 44131

Registration required [click here](#).

## PARENT CAFE

1. April 10th - 5:30 pm to 8 pm - at Central YMCA (Lake County), 933 Mentor Ave., Painesville 44077
2. April 21st - 6:30 pm to 8 pm - Virtual
3. April 23rd - 5:30 pm to 8 pm - at Cove Community Center, 12525 Lake Ave., Lakewood 44107

Click the link below to register. It can be used for all cafés:

[Courageous Hearts Registration - Fill out form](#)

# UPCOMING TRAINING

Wednesday, April 8, 2026 6:00 PM to 9:00 PM  
Accessing Services and Support for Youth and  
Caregivers  
CAPS #29017 NCORTC - Virtual

Tuesday, April 14, 2026 1:00 PM to 4:00 PM  
Making Morning Madness Melt Away: Getting  
Kids Up, Dressed, Fed, and Out the Door on  
Time  
CAPS# 29189 NCORTC - Virtual

Saturday, April 18, 2026 9:00:00 AM  
to 12:00:00 PM NCTSN: Feelings, Behaviors,  
Connections, and Healing  
CAPS#27647 Westshore

Monday, April 20, 2026 6:00 PM to 9:00 PM  
Optimizing Health, Development, and Safety  
Outcomes for Substance Exposed Infants  
CAPS#29133 NCORTC - Virtual

Tuesday, April 21, 2026 6:00 PM to 8:00 PM  
The Education Rights of Children in Foster Care  
in Ohio CAPS#29019 NCORTC - Virtual

Wednesday, April 22, 2026 6:00 PM to 8:00 PM  
Empower & Advocate: Talking Sexual Health  
with Youth in Care  
CAPS#29021 NCORTC - Virtual

Wednesday, April 29, 2026 9:00 AM to 4:00 PM  
Normalcy and the Reasonable and Prudent  
Standard: What's the Standard?  
CAPS#29283 NCORTC - Virtual

## CAPS LMS Links

Click on links below:

CAPS LMS Website Log In [here](#).

See the printable [Login job aid](#) for details.

Printable Job Aid to: [Register for a Course](#).

## OTHER TRAINING RESOURCES

Certified Foster Parents can earn 15  
credit hours per year with these web  
based trainings.

## JUST IN TIME TRAINING

Click on [here](#) to register or log in.

## FOSTER PARENT COLLEGE

Click [here](#) to log in.

If you don't have an account, contact:

Tanya Washington at

[Tanya.Washington@jfs.ohio.gov](mailto:Tanya.Washington@jfs.ohio.gov)

216-635-3823